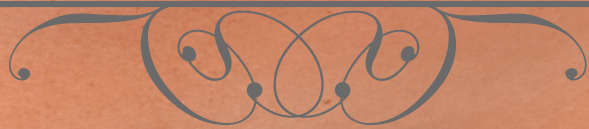




GET A GREAT WEDDING DAY SMILE





YOUR WEDDING DAY SMILE

YOU HAVE SELECTED THE LOCATION, CHOSEN THE PERFECT FLOWERS, AND BOOKED THE PHOTOGRAPHER. YET, HAVE YOU MADE PREPARATIONS TO ACHIEVE YOUR WEDDING DAY SMILE?

A great wedding day smile can be yours with a little planning and cosmetic consideration in anticipation of your big day. Read on for excellent tips on how to enhance your wedding day with a bright, beautiful smile. Plan Ahead.

Depending on your smile goals, planning ahead may be the most crucial step. As your wedding day draws near, start thinking about how you want your smile to look

for the big event. Do you have minor spacing in between teeth you would like corrected? Would whiter, brighter teeth be the factor that gives you the confidence needed to shine on your big day? Whatever your desires, planning for enough time to reach your goals is extremely important. A cosmetic consult with your dentist can determine the timeline required to create your wedding day smile.



CONSIDER THE COSMETIC OPTIONS

TO PROPERLY PLAN AHEAD, IT IS HELPFUL TO KNOW THE ENHANCEMENTS THAT WOULD BENEFIT YOU THE MOST. THE FOLLOWING PROCEDURES ARE SOME OF THE COSMETIC OPTIONS YOU MAY CONSIDER:

TEETH WHITENING: Whether you choose in-office or home procedures, teeth whitening can render your smile ready for your wedding day and beyond.

SHORT-TERM ORTHODONTICS:

Orthodontic procedures in this form typically require about six months of treatment time to complete, and mostly address correcting only the positioning of the front teeth.

COSMETIC BONDING: In some cases, small open spaces in between the front teeth can be closed with tooth-colored filling material. If you do choose this option, however, be sure to complete any desired whitening procedures first so that the bonding material can be matched to your improved enamel shade.

PORCELAIN OR RESIN VENEERS:

Veneers are thin shells that cover the outward facing portions of the front teeth, and are often made of either porcelain or resin material. They can be shaded to match surrounding teeth, so whitening should also come before the placement of veneers.

COSMETIC RECONTOURING (of enamel or gum tissues):

A recontouring procedure can be performed to improve the alignment of uneven areas of tooth enamel. Gum tissues that produce a “gummy smile,” or that seem to impact the tooth-to-gum ratio, can be addressed with gingival recontouring. This procedure removes just enough gum tissue to balance out the smile, and generates improved gum health as well.

One or more of these procedures may be used to meet your smile goals. However, some do require a certain amount of time to complete, such as short-term orthodontics and the placement of porcelain veneers.

ADDITIONAL PROCEDURES MAY BE NECESSARY

The presence of tooth decay and gum disease can impede the transition of your current smile into one that is wedding-day ready. If you have dark, decayed areas or inflamed gum tissues, especially in the front of your mouth, it is important to address these conditions before moving forward with cosmetic options. Often, restorative and cosmetic procedures can be performed in tandem, reducing the amount of scheduled visits

and time spent in the dental chair.

Healthy, pink gum tissues are the perfect complement to white, bright teeth. Treating gum disease will not only improve your oral and overall health, it can provide the framework for teeth that are beautiful in both wedding pictures and at the ceremony itself.

GIVE YOURSELF THE GIFT OF A NEW SMILE

The gorgeous smile of which you have always dreamed can be yours with a bit of planning and careful consideration of treatment options. Why not reveal it to friends, family, and loved ones on your wedding day? Contact your dentist today to begin the transformation of your smile and initiate the process of gaining a grin that will last for years to come.

